



NEW OPERATION PROCEDURES DURING COVID-19

HOURS OF OPERATION:

The hours of operation have been adjusted to adhere to the required 15% capacity as well as allowing for disinfecting procedures to be completed between each block of time.

Monday – Friday

6:00 am – 9:00 am

10:30 am – 1:30 pm

3:00 pm – 8:00 pm

Saturday

7:00 am – 11:00 am

12:30 pm – 4:30 pm

STAFF:

All staff will be required to wear masks and other protective equipment as needed during each shift.

Temperature scans will be completed on staff prior to the start of each shift. Strict reporting of any sickness or symptoms to management will be advised prior the each shift.

Training will be provided to staff regarding new cleaning procedures, safety measures, etc.

CLEANING PROCEDURES:

All high touch areas including countertops, door handles, stair railings, etc will be wiped with multi-surface disinfecting wipes hourly. Water fountains will remain closed.

Bathrooms/Locker rooms will be monitored and cleaned hourly and during our cleaning closure each day. Showers will remain closed in the locker rooms.

Cleaning mist machines will be used during each cleaning closure in all areas and at the end of each day.

Members and guests are still encouraged to wipe down their fitness equipment before and after each use with the cleaning wipes provided.

MEMBER ACCESS REQUIREMENTS:

New approved waivers (including COVID9 verbiage) will be completed by each member upon first entrance after re-opening. After completion of the form, an identifying sticker will be placed on the member's membership card for identification.

Masks will be worn in all common areas and may only be taken off while performing vigorous physical exercise.

Masks will be available for purchase for members at member services.

A hand sanitizer station will be placed at the center entrance for each member to use prior to utilizing the facility. Hand sanitizer is also provided throughout the center for use at any time.

Temperature scans of each person entering will be required.

FITNESS ROOM, WALKING TRACK, AND CLASSES:

Reminders of maintaining 6 ft distance are placed throughout the facility and in the upstairs fitness area.

Exercise equipment is roped off with access to only every other piece of aerobic fitness equipment to allow for 6 ft distance between each member.

All fitness classes will be moved to the gymnasium with 6 ft floor markers for each participant.

One directional entrance and exit signs have been placed on doors.

The walking track is already one directional and 6ft reminders will be placed around track.

POOLS:

Water classes will be held with adherence to max capacity including the instructor.

Area is also marked with 6 ft distance reminders

BANQUET ROOMS:

At this time, no outside events will be booked in our banquet room facilities.

We will still host the scheduled blood drives, COK temporary childcare program and scheduled election location sites at the facility.

CLASS PROCEDURES:

Class attendance log required for each class.

Instructors and members are required to wear masks until vigorous exercise begins, and after class while exiting.

Instructors and members are responsible for cleaning of equipment used prior to class beginning and after class ends with provided wipes. All equipment should be returned to their starting location after class completion.